

Donna Berry Bio

Donna Berry has over 20 years of experience changing the lives of thousands of children and families. She believes that safe relationships are the key to a life of happiness and healing. Her personal site is a platform for sharing her expertise and helping others achieve their best selves.

As an entrepreneur, she has dedicated her journey to building businesses aligned with her core belief that families thrive when supported by a collective. Choosing passion over a solely business-oriented approach, I pursued a life of freedom, healing, security, and adventure—a mission to help others do the same.

Having touched the lives of thousands of families, she recognised the need for advocacy in early relationships and intervention. This realisation led to the launch of Interplay International, a groundbreaking healing modality that addresses intergenerational and early trauma within the crucial parent-child relationship.

A mother of four, including twins, she embodies the entrepreneurial spirit informed by her personal experiences raising children. Her journey reveals her commitment to supporting families and emphasising the significance of early relationships and interventions.

An award-winning entrepreneur, creator, author, and healer, she has empowered over one million people globally through workshops, programs, events, and live seminars. With a three-decade legacy, thousands have experienced the transformative power of her warmth and love.

Notably, her recent acknowledgement at the David Goggins event highlighted Interplay International's explosive growth worldwide, marking a significant milestone in her impactful journey.